

CHAMPS CAMP 22'

"CONQUERING HIGHER ALTITUDES MENTALLY PHYSICALLY SPIRITUALLY"

WHO - Interested Desert Vista Boy's Cross Country Runners

WHAT - 4 days and 3 nights of training, fun, and relaxation above the Mogollon Rim

WHEN - July 10-13, 2022

WHERE - Happy Jack Too, AZ <http://www.happyjacklodge.com/>

WHY - To create unity, learn how to improve as a runner, and most of all, have FUN!!

What to expect

- High quality training at even higher altitudes
- Team bonding
- Clinics on nutrition, race strategies, etc.
- Hiking and exploring on the Mogollon Rim
- Cool temperatures
- Great food
- An experience to remember!



Registration info

Cost is \$350 if paid by June 1st and includes:

- Food
- Lodging
- Camp shirt
- Daily clinics
- Planned activities
- Memories to last a lifetime

Cost increases to \$400 after June 1st.

